

**7th September 2025**



**WELCOME TO:**

# **Claire Heffer's Induction**



## **10am Service**

**We are delighted to take time this week to induct Claire Heffer as our Minister in Training. Vicky Bolton from YWAM will be speaking at the service**



## **5.30pm Café Church**

**A sideways look at life, building community and sharing communion once a month**

**"Making every moment count to see lives transformed by Jesus."**

# Church News and Events .....

## PRAYER MEETINGS



### ONLINE PRAYER MEETINGS

(Zoom ID: 867 6889 0772 / Passcode: prayer)

**Friday (Silent prayer)**

8:30am



### IN-PERSON PRAYER MEETINGS

**Monday**

9:00am - Link Lounge

**Monday (2<sup>nd</sup> & 4<sup>th</sup> of each month)**

9:30am - Oasis Hub prayer

**Thursday**

6:00pm - Prayer for Ukraine, Peace & Justice



### GLOBAL OUTREACH PRAYER MEETINGS

#### ONLINE MEETINGS:

(Zoom ID 946 3324 2913 / Passcode: prayer)

Contact Rosemary Wall

**Nick & Linda Miller**

7:00pm - 1<sup>st</sup> Monday of each month

#### IN-PERSON MEETINGS:

**Anna Houghton**

2:30pm - 1<sup>st</sup> Friday of each month

Contact Geoff Thorington-Hassell



### FRINTON MISSION PRAYER MEETING

6th September, 9-9:45am in Number 4. Join us as we give thanks for Frinton Mission and look forward to what's to come



## AVAILABLE NOW!



## LOVING GOD WITH OUR HEAD, HEART & HANDS

EssexLive

Concern growing as missing Tendring man, 28, not seen in over a week  
Joe Goff, 28, was last seen on Saturday, March 12

SHARE

By Nick Wood 23:41, 18 MAR 2022 UPDATED 10:06, 19 MAR 2022



Officers are carrying out local enquiries to try and find Joe Goff (Image: Essex Police)

## MEN'S BREAKFAST

THE  
TRANSFORMING  
POWER OF FAITH  
Speaker: Joe Goff

Sat 13th Sept 2025  
8:30am - 10:00am  
Frinton Free Church

**BACON ROLL EVENT**

No need to book,  
just turn up!



# Church News and Events .....

**A  
different  
kind of  
hope.**

**NEW ALPHA COURSES  
STARTING THIS SEPTEMBER**

To book a FREE place on any of these courses go to:

[www.alpha-fm.net](http://www.alpha-fm.net)

or call **01255 679585**



Alpha

*You're Invited*

**NEW TO  
THE FREE  
LUNCH**

Sunday 21st September

[www.mynextstep.church](http://www.mynextstep.church)

[office@frintonfree.com](mailto:office@frintonfree.com)

**If you're new to our  
church come &  
enjoy lunch & meet  
some of the team**



**New  
Testament**  
in a...



OUR 5 WEEK WALK THROUGH  
THE BIBLE COURSE LOOKING  
AT THE NEW TESTAMENT  
STARTS ON 1<sup>ST</sup> OCTOBER.

FOR MORE INFO:  
[www.mynextstep.church](http://www.mynextstep.church)

**SAT 11TH OCT  
10AM ~ 4PM  
AT the free**

FRINTON



**Biglife**  
WITH **PETER DUNN**



A day's training giving  
us practical ways to  
live as disciples, share  
our faith, and form  
disciple-making  
groups. Together,  
we'll learn how to  
follow Jesus faithfully  
and live a big life that  
inspires others to do  
the same.

To Register:

[www.mynextstep.church](http://www.mynextstep.church) or the Church Office **01255 679585**



# **Church Family News**

## **Family news....please pray for:**

- **Ron King and Margaret Ochiltree** in Colchester Hospital.
- **Olive Dent** recovering from hip surgery.
- **Penny King** now in a care home.
- **Beatrice Hind** in The Lodge care home for respite care.
- **Josh Baines, Lynda Blanchin, Rev. Claire Blatchford, Rev. Gary Bott, Cookie Strickland, Malcolm Sumption and Malcolm Williamson** all receiving treatment for various forms of cancer.

**Please pray for our former member Michelle Pratt** as she is inducted as Minister of Thorpe Baptist on the 7<sup>th</sup> September.

**Please note** - Sally will be away on a silent retreat at St Beuno's in North Wales 1st-5th September.

**Thank you: Maureen Hodges** would like to give a big thank you for all the cards and birthday greetings received on her 80th Birthday

**The Art & Craft Workshop** will be recommencing fortnightly from Monday the 8th September., 2 - 4pm, Come and join us!

**Jelly Tots** will be starting back on Friday 12th September. Sessions run 9:15am-10:30am and 10:45am-12noon



**If you would like to contribute to the hall building project you can give by cheque or directly to the church bank account using reference:**

**'Building Project', Lloyds 30-99-50, Frinton Free Church**

**Contact us:** Frinton Free Church, Connaught Avenue, Frinton, Essex, CO13 9PW T: 01255 679585 / E: [office@frintonfree.com](mailto:office@frintonfree.com)  
Charity Reg. No. 1193456 **Visit our website** [www.frintonfree.com](http://www.frintonfree.com)

**Pastoral information, updates or concerns** should be emailed to [sheila.lane@frintonfree.com](mailto:sheila.lane@frintonfree.com) or reported to her via the Church Office. For urgent prayer please email [prayer-chain@frintonfree.com](mailto:prayer-chain@frintonfree.com)

**Recordings:** Did you know you can now catch up with our services online? We livestream our sermons to our Youtube channel, [www.frintonfree.com/youtube](http://www.frintonfree.com/youtube). You can listen to or download an audio of our sermons by visiting our website -

