



10am Gathering

This week Mark will be continuing our Series on 'The Vitals of a Disciple' looking at 'Encounter'. The Bible passage is Isaiah 6:1-8.



5.30pm Café Church

Meeting in Oasis café for tea and cake, we explore the Bible, culture, creation and much more, and share communion once a month.

"Making every moment count to see lives transformed by Jesus."

Church News and Events.....

PRAYER MEETINGS



ONLINE PRAYER MEETINGS

(Zoom ID: 867 6889 0772 / Passcode: prayer)

Friday (Silent prayer) 8:30am



IN-PERSON PRAYER MEETINGS

Monday

9:00am - Link Lounge

Monday (2nd & 4th of each month)

9:30am - Oasis Hub prayer

Thursday

6:00pm - Prayer for Ukraine, Peace & Justice



GLOBAL OUTREACH PRAYER MEETINGS

ONLINE MEETINGS:

(Zoom ID 946 3324 2913 / Passcode: prayer) Contact Rosemary Wall

Nick & Linda Miller

7:00pm - 1st Monday of each month

IN-PERSON MEETINGS:

Anna Houghton

2:30pm - 1st Friday of each month Contact Geoff Thorington-Hassell



WE'RE EXCITED TO WELCOME

GAV CALVER

CEO OF THE EVANGELICAL ALLIANCE

AT OUR

10AM CELEBRATION

9TH NOVEMBER

&
United WORSHIP & PRAYER

6PM | 9TH NOVEMBER

the free



Church News and Events.....









Church Family News

Family news....please pray for:

- John Gibson, Hilary Mollatt, Beryl and John Smith currently in Hospital.
- Malcolm Sumption in St Helena Hospice.
- Teresa Jones following the death of her uncle.
- Josh Baines, Lynda Blanchin, Rev. Gary Bott, Sandy Burnett, Olive Dent, Alan Goodman, Beatrice Hind, Cookie Strickland, and Malcolm Williamson all receiving treatment for various forms of cancer.

Beatrice Hind has moved to Read House. Please can we ask that you contact the Church Office before visiting.

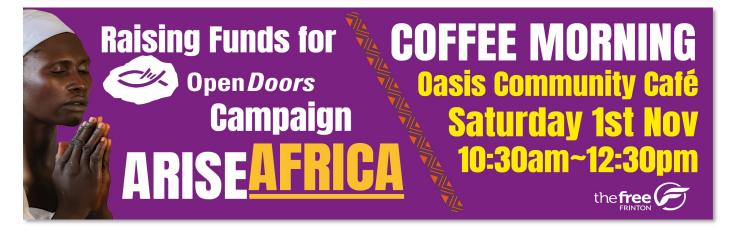
Congratulations to Jean Wright who celebrated her 80th birthday on 28th October.

To receive updates from Exploring Mission Member Josie Irumva Rugeruza about her short-term mission trips to Belgium, please email Josie at **jouniversity2022@gmail.com**. Alternatively, to receive paper updates please give your name to the church office.



This Saturday Our **FM Prayer** meeting is happening between 9.00-9.45am in No4 Youth Centre, Connaught Avenue. **Please also pray for the 96 people attending the**

Alpha 'Holy Spirit' away day.



Contact us: Frinton Free Church, Connaught Avenue, Frinton, Essex, CO13 9PW T: 01255 679585 / E: office@frintonfree.com
Charity Reg. No. 1193456 **Visit our website www.frintonfree.com**

Pastoral information, updates or concerns should be emailed to sheila.lane@frintonfree.com or reported to her via the Church Office. For urgent prayer please email prayer-chain@frintonfree.com

Recordings: Did you know you can now catch up with our services online? We livestream our sermons to our Youtube channel, www.frintonfree.com/youtube. You can listen to or download an audio of our sermons by visiting our website -

